

## INDONESIAN MUSIC & DANCE WORKSHOP WITH SUARA INDONESIA DANCE

SYDNEY HARMONY WEEK SPECIAL  
MARCH 19TH - 29TH 2019 \*

**SUARA INDONESIA DANCE** presents an energetic mix of music, dance, body percussion, and song in an informative and entertaining show for all ages. The performers introduce **music, dance and theatre** traditions from across the archipelago, culminating in a group performance of body percussion dances from **Aceh, North Sumatra**.

These highly rhythmic **body percussion dances**, accompanied by drumming and distinctive chanted melodies, are fun and fulfilling - boosting self-esteem and confidence!

Interaction is encouraged with **Randai** - a form of theatre, based on martial arts from **West Sumatra**, where rhythms are made by hitting large colourful pants, a particular favourite with all ages.

**Body percussion** is a fun, communal way of learning and practicing **RHYTHMS!** The development of musical rhythm, motor coordination and ensemble skills is essential for growing brains and bodies!

*“Outstanding. The professionalism, obvious passion and shared knowledge 100% engaged our students.” - Abbey Proud, Principal Newtown PS*

### SUITABILITY:

Years: K-12

### DURATION & COST:

#### Performance-workshop

45 minutes - 1 hour

\$6.60 per student \*\* (min. 140 students)

#### Focus-workshop

60 - 80 minutes

\$550 per session \*\* (max. 40 students)

### SESSION REQUIREMENTS:

Sound System to plug in an iPad to play our music, access for performers to operate. Sessions can be held in a hall with gym/yoga mats for the students to sit on. If there are no mats, then a carpeted area is suitable. Part of the workshop involves kneeling on a surface that is not too hard.

\* Note 1: Suara is available for shows outside of Harmony Day depending on availability

\*\* Note 2: Subject to change for customised workshop

### CONTACT:

Enquiries: [info@suaraindonesiadance.com.au](mailto:info@suaraindonesiadance.com.au)  
or 0415 431 453

Bookings: [bookings@suaraindonesiadance.com.au](mailto:bookings@suaraindonesiadance.com.au)

[www.suaraindonesiadance.com.au](http://www.suaraindonesiadance.com.au)