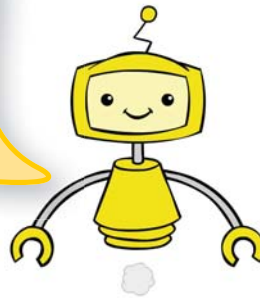


Say it how it is

How are you today? Maybe you are excited about something; maybe you are feeling anxious. Let's learn how to express our feelings and emotions, and how to respond when someone tells us how they're feeling.



LINKS TO:

Stage 2, Module 2
Learning Object 3: Zak's revenge

PRIOR LEARNING:

Stage 1

Module 3 Work Sheet 7: *Expressing feelings and emotions*

Module 4 Work Sheet 11: *How do you feel?*



How do you feel?

1

Use the question word **bagaimana** (how) followed by the noun **perasaan** (feelings) to ask how someone is feeling about something.

Bagaimana perasaan
Anda hari ini?

How are you feeling today?
(Literally, 'How are your feelings today?')

The noun **perasaan** and the transitive verb **merasa** come from the base word **rasa** meaning 'to feel'.

When replying to a question about how you are feeling, you can use **merasa**.

Bagaimana perasaan Anda? How are you feeling?
(Literally, 'How are your feelings?')

Saya merasa agak **kuatir**. I'm **feeling** quite worried.

However, when speaking, you can omit **merasa**.

If everything is fine you can respond with **baik-baik saja**, meaning 'just fine' or 'no problems'.

Bagaimana perasaan dia? How is he feeling?
Dia baik-baik saja. He's **fine**.

If you want to say you are 'shy' or 'embarrassed', you can use the word **malu**.

Bagaimana perasaan Anda? How are you feeling?
Saya merasa malu. I'm **shy / embarrassed**.
or **Saya malu**.

If you want to express 'envy' or 'jealousy', you can use the word **iri**.

Wah, kamu sudah pernah ke Uluru! Wow, you have been to Uluru!
Aku sangat iri. I'm so **jealous!**

Exercise 1

Peter, Anna and their Indonesian friends, like teenagers everywhere, experience a range of feelings and emotions.

Select one word or phrase from each list to compose answers to the question '*Bagaimana perasaan NAME hari ini?*' ('How is NAME feeling today?') for each of the teenagers.

Write a sentence asking how each person feels.

Write a response describing why they feel this way.

Hint! You can use the modifying adverbs learnt in Module 1, Work Sheet 6, *Friendly chatter*, to add intensity.

For example:

Bagaimana perasaan Peter hari ini?
Peter khawatir karena ada ujian hari ini.

How is Peter feeling today?
Peter is feeling worried because he has an exam today.

Peter
Anna
Tono
Ardi
Nina
Ella

+

benci
gembira
bosan
gugup
iri
kangen
khawatir
malu
marah
sakit
kesal
sedih
senang
takut

+

karena
kepada
dengan

+

ada ujian hari ini.
ban sepedanya kempes.
belum mengerjakan PRnya.
berhantam dengan temannya.
gurunya galak.
HPnya rusak.
mau pergi ke Ancol dengan teman-temannya.
temannya berlibur ke Disneyland.
teman-temannya di Australia.
terlambat masuk sekolah.
tergelincir dan jatuh di trotoar.
tidak ada kegiatan.

Peter: _____

Peter: _____

Anna: _____

Anna: _____

(continued on following page)

Tono: _____

Tono: _____

Ardi: _____

Ardi: _____

Nina: _____

Nina: _____

Ella: _____

Ella: _____

Exercise 2

Next week is a hectic week for Anna: she will experience a range of emotions, from jubilation to panic, as work deadlines and exams approach.

Here is a copy of Anna's diary for the week.

Senin	Selasa	Rabu	Kamis	Jumat	Sabtu/Minggu
Berangkat dengan kelas pertanian ke Bogor. Siap pukul 12.00.	Kembali dari Bogor pada pukul 7.00 malam. Hari ulang tahun Ibu. Makan di restoran.	Karangan pendek untuk Bahasa Inggris. (Harus sudah selesai hari Jumat) Les piano jam 5-6 sore.	Hari Kemerdekaan R.I. Libur!! Ulangan Matematika besok.	Ulangan Matematika. GAWAT!!! Keluargaku diundang makan malam di rumah Pak Sugianto.	Sabtu malam ke bioskop bersama Peter, Ardi dan Nina. Hari Minggu tidak ada kegiatan. LEGA!!!

On the Sunday evening, before Anna's Agriculture class excursion to Bogor, she decides to send a quick email to Wahyu in Bandung. Anna wants to tell him about her hectic week ahead and how she is feeling about some upcoming events.

Help Anna to write the email to Wahyu.

Hint! You can use some of the *bahasa gaul*, or slang, learned in Module 1, Work Sheet 6, *Friendly chatter*, when writing the email.

(continued on following page)

