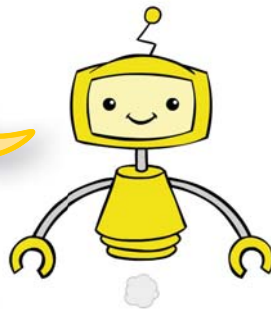


Be a good sport

All this running around! I'm raising a sweat just watching Peter train for hockey. That coach is a hard task master, barking out orders here, there and everywhere. I'd hate to be on a losing side with him in charge. I can just imagine that the next training session after a loss would be just like military boot camp!



LINKS TO:

Stage 2, Module 7
Learning Object 3: Fit for anything!

PRIOR LEARNING:

Stage 2

Module 1 Work Sheet 3: *I want to know how!*

Stage 1

Module 3 Work Sheet 8: *What's news?*

Module 3 Work Sheet 5: *Softening the imperative*

Module 10 Work Sheet 1: *More on giving instructions*



1

Yes sir; no sir; three bags full, sir!

As with giving instructions in general, instructions in sport also use the imperative form of the verb. The only difference is that, in the heat of training or competition, there are no niceties observed, such as softening the imperative by using *tolong* or the suffix *-lah*. It's all go, go, go, with only the base form of the verb being used.

For example:

<i>Lari!</i>	Run!
<i>Loncat!</i>	Jump!
<i>Lakukan 10 sit-up!</i>	Do 10 sit-ups!

2

Inching ahead ...

Although the metric system of measurement is in use in Indonesia, just as in Australia, imperial measurements are still used occasionally in either spoken or written form.

For example:

<i>inci</i>	inches
<i>kaki</i>	feet

In Indonesian, it is important to remember that decimals use a comma rather than a full stop. The word *koma* is pronounced when expressing decimals orally.

For example:

<i>nol koma lima (0,5)</i>	zero point five (0.5)
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Note:

The most popular sports in Indonesia are soccer (*sepak bola*) as a team sport, and badminton (*bulu tangkis*) as an individual sport.

Even though the Indonesian national team is not highly rated in the FIFA World Rankings, soccer is a very popular sport in Indonesia.

On the other hand, Indonesia is one of the world's top five badminton nations. Since badminton became an Olympic sport at the 1992 Barcelona Olympics, Indonesia has won at least one of the five gold medals on offer at every subsequent Olympic Games. For Indonesia, this is an achievement of immense national pride.

3

Kicked from pillar to post

The different type of kicks encountered in football games, such as soccer and rugby, use the noun *tendangan* (kick) followed by an adjective describing the type of kick.

For example:

tendangan bebas
free kick

tendangan penalti / hukuman
penalty kick

tendangan sudut
corner kick

To say that someone has taken a type of kick, we use the word *melakukan*, which means 'to do'.

For example:

Anna melakukan tendangan penalti dari titik penalti.

Anna took a penalty kick from the penalty spot.

4

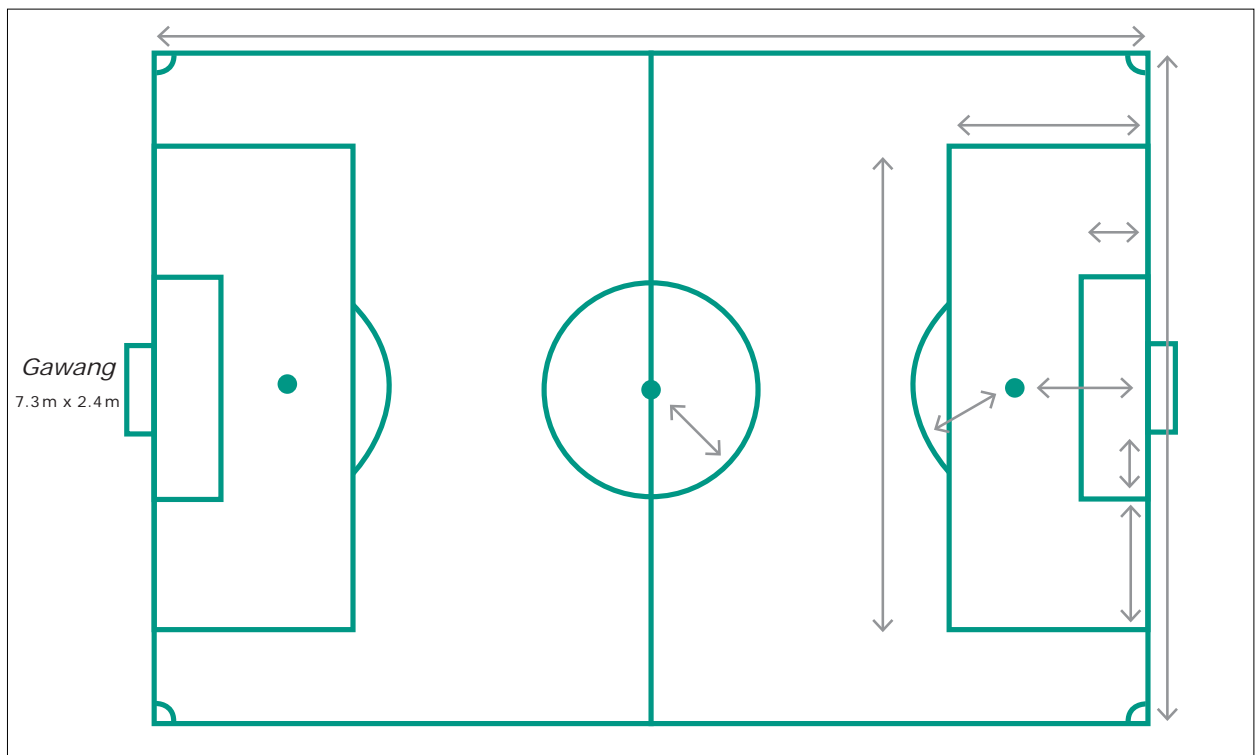
Exercises

Exercise 1

In Learning Object 3, *Fit for anything!*, you saw Peter go through his paces at hockey training.

Anna has also been busy with her research and training for soccer. For homework, her soccer coach has asked her to memorise some soccer terminology in Indonesian so that she understands team instructions and tactics during the games.

To help her do this, he has supplied Anna with the diagram of a soccer pitch below:



(continued on following page)

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Anna's homework is to label the various markings on the pitch, including dimensions.

To give Anna a bit of a hint, he has labelled and supplied her with the dimensions of the goal.

The rest of the information that she needs to include on the diagram follows below.

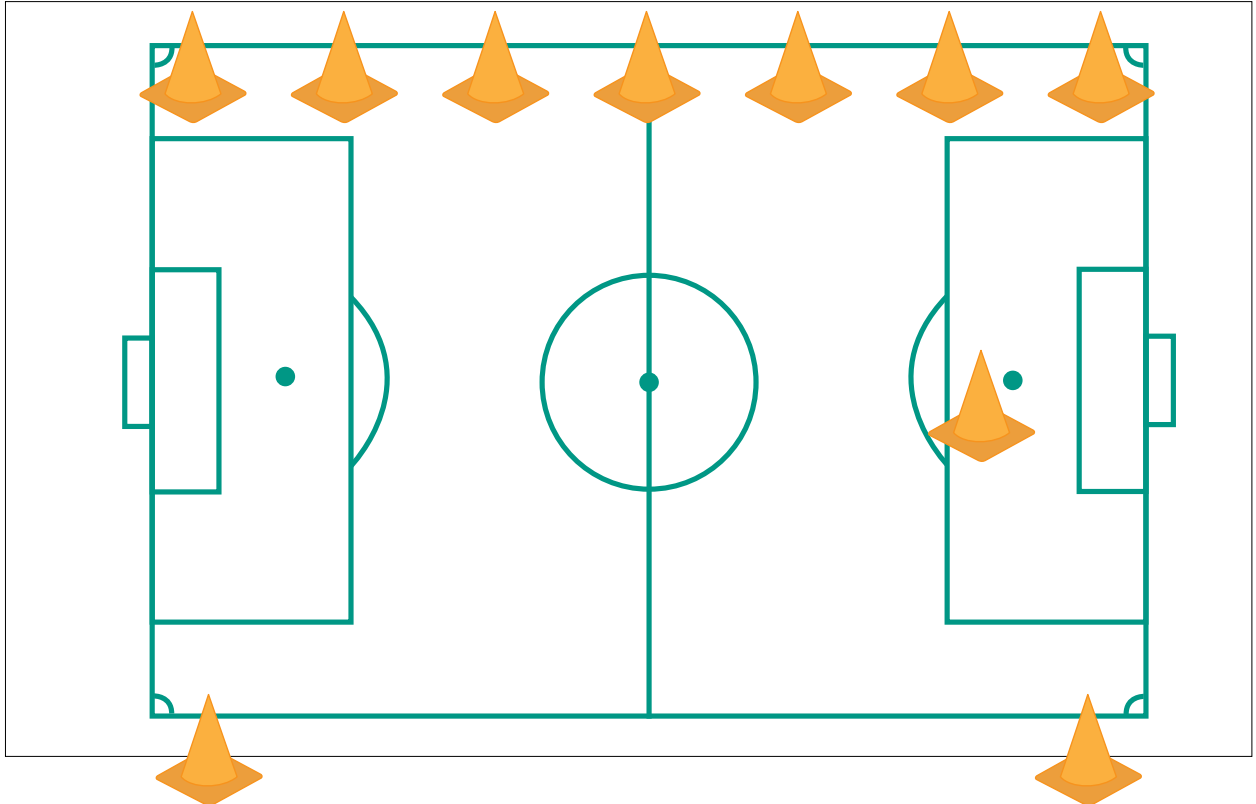
Help Anna by labelling the diagram of the soccer pitch.

- panjang lapangan: 100–110 meter
- lebar lapangan: 64–75 meter
- jari-jari lingkaran tengah: 9,15 meter
- luas daerah gawang: 18,3 x 5,5 meter
- luas daerah tendangan hukuman: 40,3 x 16,5 meter
- jarak titik tendangan penalti: 11 meter
- tinggi gawang: 2,4 meter
- lebar gawang: 7,3 meter
- garis pinggir lapangan
- garis tengah
- titik tengah
- lingkaran tengah
- daerah hukuman / penalti
- titik penalti
- gawang
- sudut

Exercise 2

Anna's soccer training sessions are very similar to Peter's hockey training. There is plenty of running and exercises, as well as some skills like ball dribbling and penalty-shot practice.

Below is a diagram of the layout of the soccer pitch during training sessions.



(continued on following page)

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2.2 Use a combination of lines and arrows to diagrammatically represent the stages of Anna's training program on the diagram of the soccer pitch.

For example:

